

SIXTH FORM BULLETIN 14

Week beginning 19.12.22

Week One

Sixth Form Focus of the week:

Preparing for holidays

This week – no achievement assemblies as these will now take place in January

Last day of term is Tuesday 20th Dec – normal school from 8.30-12.30pm; sixth formers can leave at the end of their last lesson of the morning

Contact us:

[admin@
Bealsixthform
.co.uk](mailto:admin@Bealsixthform.co.uk)

Sixthformabsence
@bealhighschool
.co.uk

Call:

0208 551 9378

Contents...

1. This Week

2. Key info and what's on in school
3. Article of the Week
4. New Opportunities
5. Wellbeing
6. Who's Who



Wishing all our students and staff...

- Stay Safe
- Have plenty of rest and relaxation
- Next term is a really important one for both year 12 and 13
- We are back on Thursday 5th January 2023 at 8.30am (week one)
- This Christmas break is the perfect time for your students to work on their CVs and make them stand out.
- Please ask your students to email their CVs to info@career-compass.co.uk to gain individually tailored FREE feedback to ensure their CVs get noticed!

**MERRY
CHRISTMAS
2023
HAPPY NEW YEAR**

DATE: 13/12/2022

Year 10

• food bank.

Collection



BEST FORM WINS

a selection of sweets
will be given as a prize
to the form that collects
the most!!

wants:

- tinned food
- ready-made meals
- packaged food

avoid:

- refrigerated/fresh/frozen food

- If form tutors could kindly make space in their form rooms for the items all items will be collected on the 13th of this month during form, alternatively it can be dropped off to room 41.

Safer Driving Week - resources



- **YEAR 12 AND 13 : THEME - SAFER DRIVING**
- **Safe driving quiz** - [click here](#)
- *Project on screen and ask students to vote. Click on the answer which is the majority vote and see whether it's correct.*
- **Video 1** - (5 mins) Ashley and Pete - hard-hitting story of a teenage driving accident - this will grab attention, so start here - [click here](#)
- **Video 2** - (30 seconds) 'Distractions - Don't text and drive' - what does the road look like when you text? - [click here](#)
- **Video 3** - (10 mins) 'Charlie's tale' of his accident as a newly qualified driver which could have been far worse - [click here](#)
- **Video 4** - (3 mins) 'Liz tells the story' of her crash due to texting while driving - hard hitting - [click here](#)
- **Video 5** - (3 seconds) 'Oi -mind on the road' - reminder message not to text and drive - [click here](#)
- **Video 6** - (11 mins) Police officer, Olly, describes fatal accident of a teenager driving too fast + no seatbelt + too tired [you could start 2.00 mins in when Olly arrives at the crash to reduce the time]- [click here](#)
- **Video 7** - (90 seconds) 3 ways for passengers to stop a driver from being on their phone - practical tips - [click here](#)

Beal Sixth Form

Year 13 parents' evening - Tuesday 22nd November

Essential UCAS information for parents:

1. The school's internal deadline UCAS deadline is **Thursday 1st December 2022**
2. If students meet the 1st December internal deadline, they will be at **the front of the queue for first-come-first-served offers**, will be **motivated** when those offers emerge and will be able **to focus solely** on their studies rather than the distraction of UCAS
3. Submitting applications **after** the 1st December may also mean that your child's application will not be sent until mid-to-late January, which may also put your child at a potential disadvantage
4. We strongly advise a 2:2:1 approach when choosing universities in terms of:
 - 2 **aspirational** universities (at UCAS grade)
 - 2 **solid** universities (at school's internal grade)
 - 1 **safe** university (below internal grade)
5. The payment of £23.50 for the UCAS application should be made on **ParentPay**
6. Student advice is freely available on the UCAS website and via tutor, year team and sixth form leadership



- **Thoroughly** check details and entry requirements for courses
- You don't have to put in your ULN; below that your highest level of qualification should be: **below honours degree level qualifications**
- **Nationality** - for most students this will be British as students solely hold a British passport. Students should only put dual nationality if they hold a passport for two different countries
- **Area of Permanent Residence** - this is the **borough** that students **live in**. For most students that is **Redbridge**. (It is only Essex if students live in Essex County Council (some IG7 addresses).)
- **Student Support** - fee code is UK, ChI, IoM or EU student finance services and Student Support Arrangements is the **borough** that students live in
- Do not forget the **exam boards** of GCSEs and enter the correct **GCSE grades**
- **Combined science** (GCSE) should be two grades, not one
- Do not leave out A levels! - these should be **pending** for August 2023 and remember EPQ too
- Use **UNIFROG to send drafts of personal statement to teachers** – don't email them directly or hand drafts to them on paper
- **Check your emails carefully every day** as if we find a mistake/issue with your application we will send it back and need an urgent response to avoid any delay to your application

- **APPRENTICESHIPS DEADLINES APPROACHING - MANY ARE IN DECEMBER**
- Offer Q&A support for your students every Wednesday 4.30-5.30pm with Pathway CTM who have worked with NetSixthForm for a long time, many centres use them - [click here](#)
- PDF Resource for students interested in apprenticeships - top 100 with links - [click here](#)
- Rate my apprenticeship to look for options - [click here](#)
- Video - Considering apprenticeships videos - [click here](#)
- Video - Finding and choosing an apprenticeship - [click here](#)
- Video - Applying for an apprenticeship - [click here](#)

19

December 2022

Monday

20

December 2022

Tuesday

21

December 2022

Wednesday

WINTER SOLSTICE**25**

December 2022

Sunday

**SIR ISAAC
NEWTON'S
BIRTHDAY****26**

December 2022

Monday

BOXING DAY**27**

December 2022

Tuesday

28

December 2022

Wednesday

CHRISTMAS DAY

1

WINTER SOLSTICE**21DECEMBER2022**

The Winter Solstice is the day with the longest period of darkness and the shortest period of daylight each year and is marked by different festivals around the world. In the southern hemisphere it is the longest day and summer solstice.

SIR ISAAC NEWTON'S BIRTHDAY**25DECEMBER2022**

Sir Isaac Newton (1643-1727) was an English mathematician, astronomer, and physicist of the seventeenth and early eighteenth centuries who is well known for his discovery of the laws of gravity and for his work on classical mechanics and optics.

CHRISTMAS DAY**25DECEMBER2022**

Christmas is a Christian festival to celebrate the birth of Jesus Christ. The date was celebrated as a midwinter festival in pre-Christian times and is marked by exchanging presents, festive meals and other customs depending on the country in which Christmas is being celebrated.

BOXING DAY**26DECEMBER2022**

Boxing Day is a secular holiday that is celebrated the day after Christmas. Although it originated in the UK, it is observed in a number of countries that were previously a part of the British Empire. Boxing Day is always on 26 December but the resulting bank holiday can occur either on that date or two days later.

Tutor Time debate of the week:

- 'Nurses should not be allowed to strike'
- Take a side and think of as many arguments as possible to defend your side -political, economic, social, cultural, religious



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TABLE TENNIS CLUB

When? – Wednesday
Lunchtimes
Starting 2nd November

Where? – KS3
Assembly Hall



Open to all year
groups



Every Monday in
the Sixth Form
Block at lunchtime

- FUSION and BEWIZE are running a stall to support students
- They can give advice, guidance and support with any matters relating to drugs, alcohol and sexual health

JOIN DEBATE CLUB

NOW!

ABSOLUTELY NOT!
NOT IN A MILLION YEARS!
NO WAY!!
NOPE. OVER MY DEAD BODY!
NOT HAPPENING
NEVER! NOT ON YOUR LIFE
NOT ON NO.
MY WATER HECK NO
N.O.
I DON'T THINK SO

OF COURSE YOU BET
YES SURE WHY NOT?
YEAH YES!
OKAY BY ME
ABSOLUTELY! YUP.
YES WITHOUT A DOUBT
DEFINITELY CERTAINLY
YES INDEED
SURE

DEBATE CLUB



EVERY WEEK 2
THURSDAY

3:30-4:30

COME TO SF7 IN THE
SIXTH FORM BLOCK

Third session
is Thursday
15th
December at
3.15pm in
SF7



2022 – 2023

LUNCHTIME CHESS



Wednesday 1:35pm to 2:05pm

Room 39



Bring
your
food



Play the ultimate
game of logic and
strategy



All
levels
welcom
e



Questions?
See Mr
Bhadresha

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Nuclear Fusion Breakthrough

- [AoW 2223 17 Nuclear Fusion \(squarespace.com\)](#)




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EY Foundation

Step Into Business!

The EY Foundation is offering an amazing opportunity for Year 12/13s to learn the key steps of how to set up your OWN business from those who are established entrepreneurs!

Do you have a business idea but have no idea where to start?

This is YOUR FIRST STEP!

Step In Business!

A one-day workshop where you will explore your business idea and learn the first steps to becoming a business owner!

You will also have the opportunity to meet other aspiring entrepreneurs and, following the session, you can register your interest in having the support of a business coach for up to 6 months, who can help you develop your idea.

DATE: Friday, 24th February 2023

LOCATION & TIME: EY Office, 1 More London Place, London Bridge, SE1 2AF - 10am to 4pm

If you have an idea that can change the world, take your first step now!

Sign up to the workshop, to meet like-minded young people, and receive advice and support as you start your journey as an entrepreneur!

Are you eligible?

You need to be interested in entrepreneurship & have an idea for your own business.

- In Year 12 or Year 13
- Eligible for Free School Meals OR the College Bursary within last two years

Apply now through ... Website NEED THIS UP-DATED WITH APPLICATION

Questions? Contact

Email: accelerate@u.lay.com





career compass

- Students continue to highly rate our mentoring programmes and industry overview sessions. Please find our confirmed schedule for next term below. Please encourage your students to sign up [here](#), as spaces on these programmes are limited.

17 Tue
Jan Marketing / Online Webinar

25 Wed
Jan Finance & Banking / Workshop

08 Wed
Feb Medicine / Online Webinar

22 Wed
Feb Civil Service / Online Webinar

02 Thu
Mar Property / Online Webinar

I am just sending a quick follow up email as we are only **one week away** until applications close for our upcoming **online** and **free** King's College London [Medicine and Dentistry Lecture Series 2023](#).

This programme is for students **across the UK** in **Year 11, 12, and 13** who have only attended non-selective state schools since age 11 and are interested in becoming a **doctor** or **dentist**. Please **circulate this opportunity** to students who you think will be interested.

Over the course of the **14 lecture** programme students will hear from a variety of speakers to help them make the best application to medicine or dentistry possible! Last year's lectures included the following:

- Medical and dental **specialities**: cardiology, prosthodontics, renal transplant, and many more!
- Q&As each week with current medical and dental students as well as a lecture dedicated to the **student experience**.
- A session on **other careers in healthcare** with six professionals currently working and teaching in the sector (nursing, dietetics, clinical science, etc.)
- September Q&A with key **admissions** colleagues in the schools of medicine and dentistry at KCL and UCL.
- Lectures on the application process: the UCAT, personal statements, and interviews.

Lectures will be held on Tuesday evenings at 6-7.15pm and will run in blocks of three throughout 2023. The first three lectures will take place on the 31st January, 7th February, and 14th February. The remaining three blocks of lectures will take place in Spring and Summer.

For more information and to apply, [students should follow this link](#). The deadline to apply is **next week Friday 16th December 2022**.

If you have any questions, please feel free to reply to this email. We will also be posting further information about the programme on our social media channels. Please follow our Instagram [@kclofmd](#) for updates.

Finally, here are what some student's had to say from last year's programme:

- *"Firstly, I've enjoyed every lecture within the series and this has helped to confirm my initial interest in medicine. By meeting medical professionals and having the chance to deep dive into their world once a week, has been **enlightening** and **inspiring**. I found myself **excited** at the end of each lecture, so the series has cemented my realisation that medicine is the right career for me."*
- *"The lecture series has really laid out all possible pathways and specific fields I can look into. It helped me understand what medicine entails and has allowed me to be **confident** in my UCAS choices."*
- *"Its an amazing opportunity which provides very **inspiring** and **informative** lectures which you can't really get anywhere else. Also, you can ask questions about anything you have doubts/worries/queries about which is so helpful and **reassuring**. Its also free!"*
- *"You should join this programme because it shows you the exact, whats and hows you need to go into the healthcare setting. It gives you many different people's **perspectives**, from consultants to student doctors. It outlines the skills you will need if you decided to join this line of work. It is **extremely insightful** and helps you make an informed decision. And most importantly it helps you confirm whether this is the right career for you rather than making a mistake and regretting the years you've put into Medicine and Dentistry. Honestly, I believe it should be **essential** for anybody who's thinking of these careers."*

I hope to see lots of your students there! Students [should apply using this form here](#).

Maths Lecture - How Maths can help us understand the impact of climate change?

Would your students like a taste of studying Maths at university? Make sure they join our on-campus lecture on how maths can help us understand the impact of climate change.

Join us on Thursday 19 January **at 2-3pm**, on-campus with Sammie Buzzard who will discuss how she uses maths for her research on the polar regions, spanning from the lakes of Antarctica to the sea ice of the Arctic.

This free one-hour lecture will have a live Q&A and is available to anyone interested in studying Maths or has an interest in global climate change. Find out more information on our [events page](#)

Register your free place [here](#)

Ace Your Application 2023

We're inviting local schools to our annual **Ace Your Application event**, and we'd love for your Year 13 students to join us.

Held on **Monday 16 January – Wednesday 18 January 2023**, the hybrid event includes a series of evening virtual workshops and on-campus sessions, designed to **support Year 13 students with their university applications**.

From **personal statements to creative portfolios**, we'll be discussing a range of topics to inspire and inform your students. All our sessions will be hosted by **admissions experts, MDX lecturers and students**, and will include live Q&A's.

Highlights of the series include:

- Personal Statements + last-minute tips Mon 16 Jan, 4-5pm (online)
- Nursing and Midwifery interview prep Mon 16 Jan, 5-6pm (online)
- Portfolio workshop: Film, Visual Arts, Graphics and Illustration Mon 16 Jan, 5-6pm (online)
- Primary Education interview prep Tues 17 Jan, 5-6pm (online)
- Personal Statement support workshops Weds 18 Jan, 4-6pm (on campus)

If you think your students would benefit from this extra support, please share this [event](#) and [flyer](#) and encourage them to [book their place here](#).



**APPLICATIONS
NOW OPEN**

**APPLY
ONLINE**



in2scienceuk.org/students/apply



Virtual work experience launch

We have some exciting news
– we're launching Civil
Engineering Virtual Work
Experience with Springpod!

It'll give students aged 14-18
the chance to delve deep into
civil engineering as a career
plus the module on being
career ready will help them
get a head start in preparing
for [the](#) future.

[Civil Engineers: Shaping the World
\(springpod.com\)](https://springpod.com)





- **We want your students to start imagining themselves here, that's why we've designed a Virtual Student Experience around them.**
- On **Wednesday 11 January 2023**, we're offering them the chance to really explore student life at Newcastle and take a virtual tour of campus.
- Depending on where they are in their university journey, they can also join live and on-demand sessions to get advice on:
- - choosing the right degree
 - writing their personal statement
 - PARTNERS – and how they could get a lower offer with us
 - student finance and budgeting
 - part-time work opportunities while studying
 - moving away from home and living in Newcastle
- To make it easy for them to join us, we're running two sessions that they can choose from: **9am – 11.30am or 4pm – 6.30pm.**
- [Virtual-Student-Experience-Newcastle - Study With Us - Newcastle University \(ncl.ac.uk\)](https://www.ncl.ac.uk/virtual-student-experience-newcastle-study-with-us)



- **Personal statement support**

- We know writing a competitive personal statement is daunting, but there are **2 things your students can do that will help:**

- **1.** Join the personal statement talk at our Virtual Student Experience event to get some top tips from a student perspective.

- **2.** Download our eBook and find out not only what our Admissions teams are looking for, but also how to research, structure and proofread their statement.

- Writing an eye-catching statement that showcases their ambitions, skills and experience could help earn your students a place on their dream degree.

- **DOWNLOAD FREE E-BOOK HERE:**

https://cbxsc04.na1.hubspotlinks.com/Ctc/ZS+113/cBXsc04/VWG3hS6NrG7QW4BTKyB90pN08W8LzBkh4TjY_yN35KTCJ5nKwBV3Zsc37CgTxmW5RFVg726lhkPW3jfmDI3WSLb-N4lxB1kRCpgXW3HkmC18SGxnpW4s5zFW5yP5dVN5ZR3jmRMDKVW1Wzlh5tQsFHW61SLg11xySGpN477YNm6L63BW3Y12l45M5D1SW5h6fWM4Wtd2SVDRslZ29sGqDW4n55J46MjHL9W3KBN5h2W6QjFW2zvh595KC3DyW5llzkh4BzRsQW5zT6d95x_nKjW3Z30Pr95nmvLW8BwQXB3-rHHcW7pK2503wCwcHW7pcXJw32_k-9VPZ04t2v_mTVW2xNGKz5BtDt9N6nQjB0cz-zHW3ZXP3x5Yfp4qW7Jpmnh89twccW6Pk57p8M7QKQVvnpN7fCZrZW8WZ__v1fnpVYW3SZr_M3_BCpMW1PxIBr27qhbKv2GXks8hSRRIW7-k5dn7jCx_CV5WFBG5FgMTJW8xq0Jp9knySFW5x-HC_5Jj0VyW3wnRvJ45zj0nW4cmqST86D6LfW2ZqLMZ3W3QX_W5tFdfg66mJwXW3WPM-W1tlbqhW5ggbGy40BjL63d9M1

- **Masterclasses are subject-specific hour-long sessions for students in Year 12 to get an opportunity to have a taste of university.**

- Taking part in Masterclasses can be a fantastic way for students to find out more about university subjects.
- There are 15 masterclasses in total, taking place between 4-5pm on the following dates:

- **January:**

- English: Tuesday 17th January
- History of Art: Tuesday 24th January
- Architecture: Thursday 26th January
- Languages: Tuesday 31st

- **February:**

- Biosciences: Tuesday 7th February
- Chemical Engineering: Tuesday 14th February
- Medicine and Medical Sciences (1): Thursday 16th February
- Astrophysics: Tuesday 21st February
- Natural Sciences: Tuesday 28th

- **March:**

- Economics: Tuesday 7th March
- Geography: Tuesday 14th March
- Law: Thursday 16th March
- Medicine and Medical Sciences (2): Tuesday 21st March
- Psychology: Tuesday 28th March
- Pharmacy: Thursday 30th March

- Applications close Sunday 8 January 2022.



[FIND OUT MORE AT
https://ddlnk.net/1MZL-84C3Y-2GCMV-4ZST8F-1/c.aspx](https://ddlnk.net/1MZL-84C3Y-2GCMV-4ZST8F-1/c.aspx)

Morgan Stanley, a world leading investment bank, is offering female Year 12 & 13 students to gain an insight into the Banking Industry and Morgan Stanley through various Teach In sessions, Panel Sessions and networking opportunities.

Please share this incredible opportunity with your student:

Step In, Step Up: Women's Insight to Banking

- Programme Dates: 14th & 15th of February 2023
- Deadline for applications: 15th of January 2023

Please ask them to mention that they heard about this event through Career Compass on their CVs to increase their chances of being accepted onto the programme.



**SEE WHO WE ARE
AT MORGAN STANLEY.**

EXPLORE THE OPPORTUNITIES.

WE ARE
Morgan Stanley

VOLUNTEER AT HAINAULT FOREST

Volunteering is highly valued among employers

Learn new skills

Make a positive difference in
your community

Increase motivation

- Our volunteers get:
- PPE and equipment provided
- Tea, coffee, hot chocolate and biscuits
- Regular volunteers are offered different training/qualification opportunities
- Regular volunteers can get reference for work, university, apprenticeships etc.

Contact **Mr MacLeod**
for more information





- **Degree Apprenticeships – A Guide for Sixth Form Students**

Over the past month, more than 8,500 sixth form students and their parents have watched the special programme on **degree apprenticeships**, produced by High Fliers Research in October for schools & sixth form colleges across the UK:

[**Watch the Programme**](#)

Free Work Experience with SpringPod!

- **1. Free Work Experience Programmes in February 2023**
-
- I wanted to put these on your radar as soon as they have opened, so that your students can get their applications in early and avoid any disappointment of programmes filling up.
-
- We have some of our most popular programmes running, including:
-
- - [STEM Work Experience with SpeedyHire](#)
- - [Future Innovators Work Experience with Atkins](#)
- - [Step Inside Accountancy with ICAEW](#)
- - [Insurance Work Experience with Direct Line Group](#)
- - [Technology Work Experience](#)
- - [Engineering Work Experience](#)
- - [Finance Work Experience](#)
- - [Barclays LifeSkills](#)
- - [Engineering & Manufacturing Work Experience with Volvo](#)
- - [Hospitality Work Experience with Lifetime Training](#)
- - [Technology Work Experience with Siemens](#)
- You can view all of our programmes [here](#).



YEAR 12

Are there students who would like to know about the new **University of Cambridge Foundation Year** - 15 mins video - [click here](#)

Free (virtual) work experience for state school students - schools need to register first and that is fully funded – no cost at all. Schools (not students) [sign up here](#). It is a fully funded programme for state schools. Students sign up themselves - lots of options this Spring term with a huge investment to provide the work experience – students use this link to sign up [click here](#)

YEAR 13

Oxbridge interviews in December

Why not share the advice with your Year 12 potential Oxbridge cohort, make it as realistically inclusive as possible

Oxbridge interview - video - advice - [click here](#)

Oxbridge interviews - PDF guide full of advice - [click here](#)

We are contacting you to let you know that applications for our **free** online and national King's College London [Medicine and Dentistry Lecture Series 2023](#) are now open! This programme is for students **across the UK in Year 11, 12, and 13** who have only attended non-selective state schools since age 11 and are interested in becoming a **doctor** or **dentist**. Please circulate this opportunity to students who you think will be interested.

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- A session on other careers in healthcare with six professionals currently working and teaching in the sector (nursing, dietetics, clinical science, etc.)
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- Lectures on the application process: the UCAT, personal statements, and interviews.

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For more information and to apply, [students should follow this link](#). The deadline to apply is **Friday 16th December 2022**.

**Imperial College
London**



Apply for our Outreach programme for Years 10 and 12 students - it will support you in exploring STEM degrees, careers and applying to university in the future!

STEM FUTURES

Are you a Black heritage student in Year 10 or Year 12?
Interested in STEM (science, technology, engineering, maths and medicine) subjects and looking to find out more about what they can offer you?

Applications are now open!

Find out more on our website or scan the QR code above with your phone camera:

<https://bit.ly/3SKKTZT>

Want to keep up with
latest news and get into
good reading patterns?

Want to access reliable
and trusted news
sources?

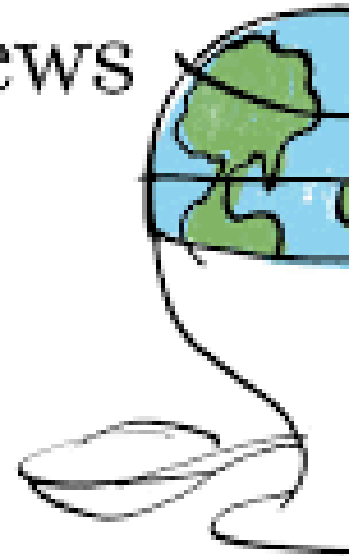
Want to be informed on
local, national and
international news?

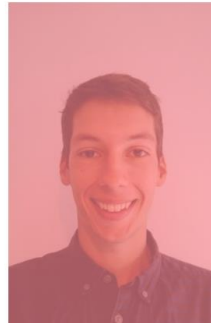
Want to avoid paying for
news?

Sign up for FREE with
theknowledge.com

You will be sent one 5
min email a day

The Knowledge is a daily newsletter that makes news manageable





“

My week at Cambridge University was game-changing. I absolutely loved the vibe: everyone's curiosity and passion for the topics. Learning from and discussing human behaviour with world leaders in the field was awe-inspiring.

Emily Gotch, the Cotswolds, UK Summer Schools 2013

OUR PROGRAMMES

We support young people from less advantaged backgrounds to access leading universities and careers. In partnership with universities and employers, we run engaging programmes that give students practical advice and leave them feeling inspired and more confident about their future.

Our programmes are completely free to attend. All costs - including travel, accommodation, food and activities – are paid for by the Trust and our partners.

<https://www.suttontrust.com/our-programmes/>

ASPIRING PROFESSIONALS PROGRAMME

**We open up university and the top
professions for those without the
means or networks to get there**

[The Aspiring Professionals Programme |
Students \(socialmobility.org.uk\)](https://socialmobility.org.uk)

Aspiring Professionals Programme (APP)

The APP supports **high achieving** Year 12 or S5 students from **low income backgrounds** across the UK to access top universities and careers. We offer support through our four pillars:

1. **Mentoring by a professional**
2. **Tailored skills sessions and career workshops**
3. **University application support and guidance**
4. **Internships with top employers**

How students receive our four pillars of support is dependent on where they live. Please see below for further details of the programmes we offer.

Students must apply by 12 noon, Friday 16th December 2022 by completing our application form [here](#).

School Presentations: “Securing My Future: An Introduction to the SMF”

We are excited to return to in person presentations this year and meet prospective students face to face and will also be offering tailored virtual presentations to schools if preferred. You can book your presentation via our booking form [here](#).

Application form and resources

Click the links below to access information and resources.

[Application Form](#)

[Eligibility Criteria](#) (check on list)

[Guidance notes for teachers](#)

Watch [our video](#) to hear from SMF students










“To anyone thinking of applying to the APP, I would say “do it!” Having support from people who want the best for you and want you to succeed gives you that extra boost of confidence to trust your capabilities and continue to have high ambitions.” – Sofia, 2020 cohort





uptree

[Uptree's event listings](#)

Virtual Work Experience Programmes

 <p>Graphic Design</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>	 <p>Technology</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>	 <p>Engineering</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>
 <p>Finance & Accounting</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>	 <p>Journalism</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>	 <p>TV & Film</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>
 <p>Law</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>	 <p>Marketing</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>	 <p>Sustainability</p> <p>Programme start date: 24th October Application deadline: 19th October</p> <p>More info</p>

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[Oct-
Vwex-
PDF.pdf
- Google
Drive](#)



[UniTasterDays - University events for schools and students](#)

The latest university resources for schools, colleges and students

100's of new university events ready for the new academic year

Remember schools can also [request a university event](#) if you have something bespoke in mind.

Latest university webinars

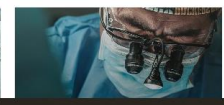
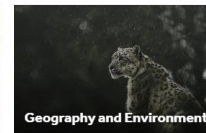
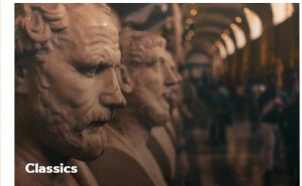
The latest impartial webinar releases include an introduction to university courses in [Biochemistry](#) and [Liberal Arts](#). There are 100's of subject webinars available, introducing a fantastic range of university courses. [Search all webinars HERE](#).

If you are looking for university events for your school groups or students are seeking opportunities directly, you can browse a huge range on the [Search Directory](#).

Online lectures - Gresham

- <https://edu13.sprints.end.co.uk/b2/link.php?M=2788043&N=306&L=719&F=H>
- Amazing bank of online uni lectures in all subjects – extend your learning today!

Subjects for school students



Super-curricular opportunities...

[The Super Curriculum on the App Store \(apple.com\)](https://apple.com)



University opportunities...

Opendays.com - university and college open days - home page

Opendays.com - the university and college open day directory



Book now for our open day on the 9 July

Make ambition a reality.

Make yourself at Hope.

Careers/work experience
opportunities...

Work Experience with UpTree:

- <https://streak-link.com/BMOZ4PLTU4BKTCilAg6MNUkU/https%3A%2F%2Fbit.ly%2FEnglishtutorslidesT1Wk1>
- [Accounting & technology with PwC \(online\) - 4 October \(60 places\)](#)
- [Finance, Investment Banking, Technology and Business with UBS, \(Broadgate Circle, London\) - 13 October \(40 places\)](#)
- [Technology with IBM \(online\) - 19 October \(30 places\)](#)
- [Finance and Technology with J.P. Morgan \(Bank Street, London\) - 20 October \(40 places\)](#)
- [Application Masterclass with Coca-Cola Europacific Partners \(Bakers Road, Uxbridge\) - 21 October](#)
- [FuturesUP - Multi-Industry networking \(One Bishops Square, London\) - 26 October \(100 places\)](#)

Careers' Advice/Guidance:

- <https://www.theuniguide.co.uk/a-level-explorer>
- [Careers advice - job profiles, information and resources | National Careers Service](#)

Beal Sixth Form Careers' Podcasts via the Beal YouTube channel

Episode 1: Careers in Finance and Accounting

Episode 2: Careers in Medicine

Episode 3: Careers in the Civil Service

Episode 4: Careers in the Arts/Culture

Episode 5: Careers in Law (as a Barrister)

Listen at

<https://www.youtube.com/watch?v=YYvuAD0mMX0>



Listen to careers'
tips/advice/guidance
from very
successful friends of
Beal Sixth Form...

Apprenticeship opportunities...

- **APPRENTICESHIPS DEADLINES APPROACHING - MANY ARE IN DECEMBER**
- Offer Q&A support for your students every Wednesday 4.30-5.30pm with Pathway CTM who have worked with NetSixthForm for a long time, many centres use them - [click here](#)
- PDF Resource for students interested in apprenticeships - top 100 with links - [click here](#)
- Rate my apprenticeship to look for options - [click here](#)
- Video - Considering apprenticeships videos - [click here](#)
- Video - Finding and choosing an apprenticeship - [click here](#)
- Video - Applying for an apprenticeship - [click here](#)

the apprenticeship guide

MONTHLY NEWSLETTER

NEWS, TIPS, TRICKS AND RESOURCES FOR YOUR
STUDENTS AS THEY CONSIDER THEIR FUTURE CAREERS

**For all the latest apprenticeship
resources,
visit [www.apprenticeshipguide.co.
uk](http://www.apprenticeshipguide.co.uk) or follow us on Twitter
via [@theapp_guide](https://twitter.com/theapp_guide)**

- [Link for Degree Apprenticeships programme](#)

The 75-minute programme includes:

- an interview with Clare Marchant, Chief Executive of **UCAS**, talking about how Sixth Form students can use UCAS to find out about degree apprenticeships
- four presentations explaining 'What is a degree apprenticeship?', 'Which degree apprenticeships are available?', 'University or a degree apprenticeship?' and 'Where to find out more information on degree apprenticeships'
- an employer showcase of 50 major UK employers who will be offering degree apprenticeship programmes in 2023
- tips, advice and guidance from **Lloyds Banking Group** and **BDO** on how to apply for degree apprenticeship and the selection processes that employers' use
- interviews with current degree apprentices at **Dyson, PwC, Royal Navy** and **Rolls-Royce**
- information on of how solicitor apprenticeships provide an alternative route into the legal profession, from law firm Eversheds Sutherland

The recording of the programme will remain on this link until the end of November, so that as many Year 12 & 13 students and their parents as possible have access to the information.



For further info about apprenticeships:

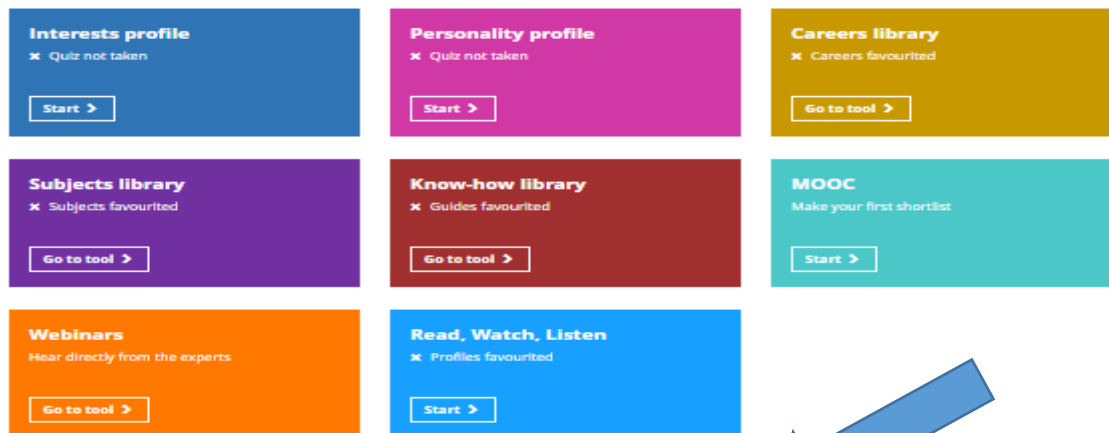
- <https://pathwayctm.com/register/>
- [Find an apprenticeship - GOV.UK \(www.gov.uk\)](https://www.gov.uk)
- [Amazing Apprenticeships](#)
- [Not Going To Uni: Apprenticeships & Work Experience in the UK](#)
- [Apprenticeships and Training - City Gateway](#)



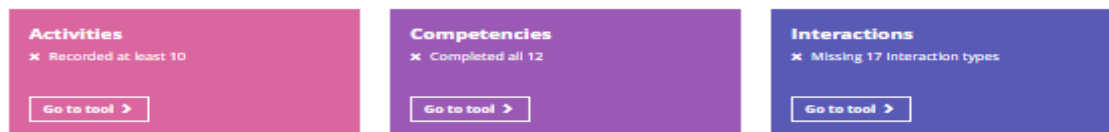
Year 12 updates

Event	Year 12
Partnership Evening	Tue 13 th Sept 2022 @ 5pm
Subject Transfer Deadline Day	Fri 16th Sept 2022
School report 1 - attitudes and skills	Mon 18th Nov 2022
School report 2 - latest predicted grades	Fri 3 rd February 2023
Progression exams: season 1	Mon 17 th April to Fri 21 st April 2023
School report 3 and Parents' Evening	Tue 23rd May 2023
Progression Week and UCAS application begins	Mon 3 rd July to Fri 7 th July 2023

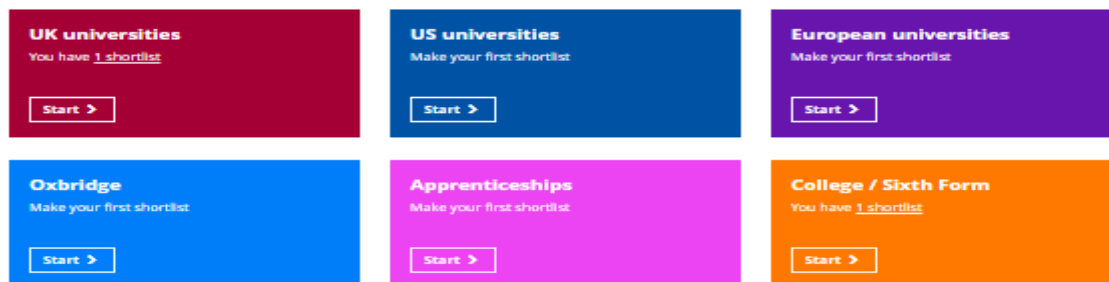




Recording what you've done



Searching for opportunities



unifrog

An essential online
progressions
platform to ensure
you're successful...

<https://www.loom.com/share/bf30f7508ecc4bbaae87baa10aa04154>

Logging in

- <https://www.unifrog.org/>
- You will receive a link via your school email within the next two weeks



Also look out for any opportunities I send via email as well those in the weekly bulletin

Year 13 updates

YEAR 13 - Unistats

- Choosing a university and finding an insurance choice - use **DiscoverUni** for their **UniStats** data on percentage of applications accepted per tariff point band which can help students gauge if their grades stand a chance of being accepted - like a 'chances table' - search for a course and go to 'Entry Information' - [click here](#)
- A Level UCAS tariff table - quick guide - [click here](#)
- Calculate your UCAS tariff (all subjects) - [click here](#)

Your centre access code: **BHS04**

- ▶ **YEAR 13 - password BHS04**
- ▶ **Note that many apprenticeship deadlines are in December.**
- ▶ PDF Resource for students interested in apprenticeships - top 100 with links - [click here](#)
- ▶ Rate my apprenticeship to look for options - [click here](#)
- ▶ Considering apprenticeships videos - [click here](#)

University Experience Hub



DISCOVERUNI.GOV.UK

Thinking about your uni choices?

Search and compare undergraduate courses in the UK

Search by course name and/or institution



Search

Fi

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SAFEGUARDING & SENIOR LEADER TEAM



Assistant Principal



Ms Matharu

BHS Vice Principal



Ms Chantaduc

Associate Assistant Principal (DDSL)



Mr Webb

Safeguarding Officer (DDSL)



Ms Hooker

BHS Vice Principal



Mr Tubb

Assistant Principal



Mr Laird

BHS Co-Head teacher



Ms Andress

BHS Co-Head teacher



Mr Bray

Executive Principal/CEO
DSL



Ms Burns

Assistant Principal



Ms Burrard-Lucas

BHS Vice Principal



Mr Macleod

BSF Assistant Principal



Mr Singh



Redbridge Local Authority Designated Child Protection Officer
(LADO): Helen Curtis
Telephone 020 8708 5350

Redbridge Local Authority Designated Prevent Coordinator:
Faye Hussain
Telephone 020 8708 5971

Online and remote wellbeing support services available to Beal High School students/families

Please see the list below for services that you can access while school is closed.

[ChildLine](#) 0800 1111

[Samaritans](#) 116 123

General Support:

The Mix – The UK's leading support service for young people up to the age of 25. They can offer advice and support on and challenge that you are facing, from mental health, to money, from homelessness to break ups and helping with drug problems.

WEB: www.themix.org.uk

TELEPHONE: 0808 808 4994 (free, confidential helpline.)

Feeling Anxious:

- **NHS Go App** - Free, confidential health information and advice.
- **Mind Uk** – Provides extensive help and support to anyone with mental health problems.

WEB: www.mind.org.uk

Day or night

We're here when life's difficult

Call free day or night on

116 123

Email

jo@samaritans.org

SAMARITANS

samaritans.org

Talk to the NSPCC

For advice and support about a child, or to report a concern, talk to us. We're here 24 hours a day. It's free and you don't have to say who you are.

0808 800 5000

help@nspcc.org.uk nspcc.org.uk/helpline

EVERY CHILDHOOD IS WORTH FIGHTING FOR

Worried about yourself or a friend?
If in school, speak to a member of staff.

If you're feeling low,
we are always here
to listen and help.

- **If an emergency:**
- 999 / 111 / go to A+E / 101 to report a crime
- **If non-urgent:**
- Get an appointment with your doctor
- **Phone numbers:**
- ChildLine – ring 0800 1111 (free call) talk to a counsellor
- Samaritans – ring (free call) 116 123 talking support, 24hrs a day, 365 days a year or email jo@samaritans.org
- Young minds: 020 7089 5050
- NSPCC - <https://www.nspcc.org.uk/> or helpline 0800 1111
- **Websites:**
- Kooth / youngminds / mind / moodjuice
- **Apps:**
- Head Space – an app providing guided meditation and mindfulness
- Calm – an app to help reduce anxiety, promote relaxation and relief of stress
- Calm Harm – an app to help reduce the need to self harm
- SAM – an app for self-help around anxiety management
- Wellmind – free NHS wellbeing app



Self care and anxiety at home:

<https://www.annafreud.org/selfcare/>

Breathing and meditation apps:

<https://www.headspace.com/>

<https://eddiestern.com/the-breathing-app/>

Phone lines/websites:

Childline

www.childline.org.uk

24 hr helpline: 08001111 (free, doesn't show on your phone bill)

Also a one-to-one counsellor chat service online (see the website)

Kooth

www.kooth.com

Chat to a qualified counsellor online

Mon-Fri: 12noon-10pm; Sat & Sun: 6-10pm

Shout

Crisis text line: text 'Shout' to 85258 (for free) and a counsellor will respond to you as soon as possible and help you find ways to keep yourself safe if you are feeling overwhelmed or want to hurt yourself.

Young Minds

www.youngminds.org.uk

Parent helpline – 0808 082 5544

Provide information on mental health and how to access help.

NHS111:

www.111.nhs.uk

To get information about symptoms and a nurse will contact you if needed.

Apps:

Wysa: Mental Health Support – recommended 12+

Offers techniques of CBT, DBT, Yoga and meditation to support you with depression, stress, anxiety, sleep, loss and a whole range of other mental health and wellness needs.

NHS App

The simple and secure way to access a range of NHS services on your smart phone or tablet.

Feeling Low:

- **KOOTH** – An online service offering emotional and mental health support to 11-19 (25 with SEND). You can have drop in chats with a counsellor or therapist online, book 1-2-1 sessions or chat anonymously to other young people.

WEB: www.KOOTH.com

- **Young Minds** – A national charity committed to improving the mental health of all children and young people. Also provides a parent's information service for anyone with concerns about the mental health of a young person.

WEB: www.youngminds.org.uk

PARENTS HELPLINE: 0808 802 554

Eating disorders:

- **Beat eating Disorders** – The UK's leading charity supporting anyone affected by eating disorders, anorexia, bulimia, or any other difficulty with food, weight and shape.

WEB: www.beateatingdisorders.org.uk

TELEPHONE: 0808 801 0677

STUDENT LINE: 0808 801 0811

Emotional Distress:

- **Samaritans** – Offer a place for students and parents to talk any time you like, in your own way. You don't have to be suicidal to call. They will give you an opportunity to talk through your thoughts and feelings, and will listen and comfort you.

WEB: www.samaritans.org.uk

TELEPHONE: 116 123

- **Calm Harm** – Self harm App. Download the app from your normal app provider. It will guide you through feelings that you are having, and help you find ways to deal with them, and ride the wave.
- **Drugs:**
- **Frank** – Talk to Frank. A national drug education tool, intended to reduce the use of both legal and illegal drug use. Concerned parents can obtain advice, and students can be educated on the damaging effects of drugs by browsing the information.

WEB: www.talktofrank.com

Bereavement:

- **Grief Encounter** – Support bereaved children and their families to help alleviate the pain caused by the death of someone close.

WEB: www.griefencounter.org.uk

TELEPHONE: 0808 802 0111

- **Winston's Wish** – Support children and their families after the death of a parent or sibling.

WEB: www.winstonswish.org.uk

TELEPHONE: 0808 8020 021

Crisis:

If you or your child gets to a point where mental Health treatment is necessary and urgent, please call the Redbridge Mental Health Direct Crisis Line. They will provide immediate advice/assistance in the case of a real emergency.

TELEPHONE: 0300 555 1000

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who's who



As a sixth form team, we all work closely together to ensure that our students' time at sixth form is a successful, happy and fulfilling experience

Contact us:
admin@bealsixthform.co.uk
Call: 0208 551 9378



Mr Singh
Director of
Sixth Form



Mr Matheson
Progression
Co-ordinator



Mr Goss
Head of Year 12



Ms Hehir
Deputy Head
of Year 12



Mr Mooney
Head of Year 13



Ms Pryce
Deputy Head of
Year 13



Ms Farooq
KS5
Administrator



Ms Goldreich
KS5
administrator



Mr MacLeod
Vice Principal



**Mr Ahmad and
Mr Kamran**
MDV co-ordinators



Mr Williamson
EPQ
Co-ordinator



Ms Tardetti
SEND DHOY
Year 12



Ms Colliss
SEND DHOY Year 13



Ms Saund
KS5
administrator



Ms Baldock
KS5
administrator